



Fit Club for Kids is a 12-week fitness class that meets once per week. Activities center on cardiovascular endurance, muscular strength, flexibility, balance, coordination, and nutrition. Enrollment is limited. All participants receive a Fit Club t-shirt. A portion of the registration fee benefits the ESE Foundation. Send completed registration form along with \$240 payment in to the ESE Foundation Box by Friday, August 10th. Make check payable to: Fit Club for Kids, LLC.

<b>Session (circle one)</b>	Grades K, 1, & 2    Tues Afternoons    12 weeks                      Aug 21 – Dec 4            2:30 – 3:30pm
	Grades 2, 3, 4 & 5    Thur Afternoons    12 weeks                      Aug 23 – Dec 6            2:30 – 3:30pm
	Grades 2, 3, 4 & 5    Thur Mornings    12 weeks                      Aug 21 – Dec 4            7:00 – 7:50am
<b>No Fit Club on conference week or on early-release days</b>	
<b>Student Name</b>	
<b>Teacher / Grade (circle one)</b>	_____ / K   1   2   3   4   5
<b>Parent Name</b>	
<b>Phone # / Email</b>	____ - ____ - ____ / _____ @ _____
<b>T-shirt Size (circle one)</b>	YS / YM / YL / YXL / AS / Other _____
<b>Allergies, Medical Conditions</b>	
<b>ASP or Carpool (circle one)</b>	<b>Will your child check-in to <u>ASP</u> or be picked up in <u>CARPOOL</u> following Fit Club?</b>

I hereby release my child into the care of the Fit Club staff during one of the above-listed times. I understand that he/she will be participating in fitness activities that involve some inherent risk. I release Fit Club for Kids, Cobb County School District, East Side Elementary, and East Side Elementary Foundation from liability relating to such activities and risk. I also agree that my child may be included in pictures that are posted from time to time to Fit Club's Facebook page and/or website.

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Note from East Side Administration: All participants in after-school enrichment programs are required to register for the After School Program (ASP) even if you do not plan to use ASP on a regular basis. Please register for ASP if you have not already done so. Also, per ESE Administration, classes missed due to unexpected school closure will not be made up.

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